



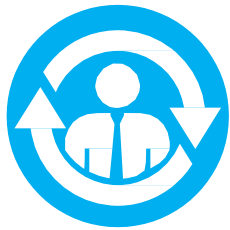
**Brothers of Charity Services**

working in partnership for positive lives in England



# Health BOCS

By The Brothers of Charity



We like to care for our staff as much as we care for the people who access our services.



Health BOCS enables us to promote health and wellbeing activities and initiatives to everyone.



We want to keep this as part of our culture so it will continue to make our services better.



More information is available on the Intranet and monthly Staff E-Newsletter/ printed Newsletter.



Living, working, having fun and making choices

We believe prevention is better than cure and aim to be proactive in our approach. Our investment includes:



- Ethos, Vision and Values of the Brothers of Charity Services: treating everyone with dignity and respect.



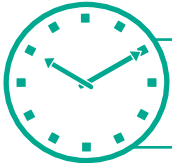
- Extensive and ongoing training/ CPD



- Health and wellbeing and Stress management is high on our agenda.



- We recognize the value of our staff.



- Commitment to work/life balance.



- Health and wellbeing initiatives



- We have inclusive Communication Forums.



- Variety of staff benefits.



- Annual Staff & Health and Wellbeing surveys and action plans.



- We have inclusive Communication Forums.

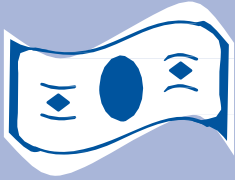


**INVESTORS  
IN PEOPLE** | Gold

We are proud to be awarded  
Investors in People Gold



Our Ethos, Vision and Values promote dignity  
and respect, making us a great place to work



Competitive rates of pay  
& paid sleep-in shifts

**+ medicash**

A positive approach to health



Medicash Care Plan includes Dental & Optical  
Cover for you and your children



Enhanced Holiday  
Entitlement



Flexible Working



Refer-a-Friend  
Scheme



Pension Scheme



Cycle to Work  
Scheme



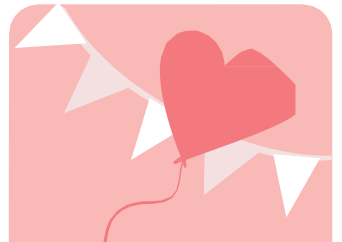
Travel ticket loan



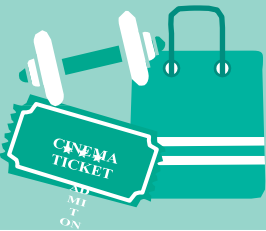
Awards & Recognition  
Incentives



Investment in  
Training & CPD



Annual Heritage Day



Online Discount Portal



**Health BOCS**  
By The Brothers of Charity

Health & Wellbeing Programme



Charity Fundraising



Management Development  
Programme



Fun events throughout  
the year



Main site  
free parking

and  
much  
more!



## Health & Wellbeing Calendar of Events

2021/2022

Month	Date	Event
<b>April 2021</b>	2 <sup>nd</sup> April	- World Autism Awareness Day
<b>May 2021</b>	20 <sup>th</sup> – 26 <sup>th</sup> May	- Dementia Awareness Week
<b>June 2021</b>	1 <sup>st</sup> – 6 <sup>th</sup> June	- National Volunteers Week
	8 <sup>th</sup> -13 <sup>th</sup> June	- Diabetes Awareness Week
	8 <sup>th</sup> -13 <sup>th</sup> June	- National Carers week
	21 <sup>st</sup> -27 <sup>th</sup> June	- Disability Awareness Week
<b>July 2021</b>	All month	- Medicash / Staff Benefits
	10 <sup>th</sup> July	- Heritage Day
<b>August 2021</b>	All month	- Sun Care
	All month	- BBQ Safety
<b>September 2021</b>	All month	- World Alzheimer's month
	25 <sup>th</sup> September	- MacMillan Coffee Morning
	28 <sup>th</sup> September	- National Fitness Day
<b>October 2021</b>	All month	- Breast Cancer Awareness Month
	All month	- Stoptober
	10 <sup>th</sup> October	- World Mental Health Day
	18 <sup>th</sup> October	- Anti Slavery Day
	All month	- Winter/Flu Jab promotion
<b>November 2021</b>	All month	- Movember (Men's Health)
	19 <sup>th</sup> November	- Children in Need
	11 <sup>th</sup> – 26 <sup>th</sup> November	- Alcohol Awareness Week
<b>December 2021</b>	2 <sup>nd</sup> -7 <sup>th</sup> December	- Grief Awareness Week
	TBC	- Christmas Fair /Santa Stroll
	10 <sup>th</sup> December	- Christmas Jumper Day
	All month	- Festive H&S Briefing
<b>January 2022</b>	All month	- Debt Awareness Week
<b>February 2022</b>	1 <sup>st</sup> February	- Dignity Action Day
	4 <sup>th</sup> February	- Time to Talk
	8 <sup>th</sup> -14 <sup>th</sup> February	- Apprentice Week
<b>March 2022</b>	13 <sup>th</sup> March	- No Smoking Day
	19 <sup>th</sup> March	- Sports Relief
	20 <sup>th</sup> March	- World Oral Health Day
	21 <sup>st</sup> March	- Downs Syndrome Awareness Day
	22 <sup>nd</sup> - 28 <sup>th</sup> March	- National Complementary Therapy Week