



**Brothers of Charity Services**  
working in partnership for positive lives in England



**Health BOCS**  
By The Brothers of Charity

## Brothers of Charity Services in England

### Be Holistic sessions at Thingwall Hall



As part of our ongoing HealthBOCS programmes into positive staff wellbeing initiatives in 2020 we continue to welcome registered provider 'Be Holistic' to deliver a variety of alternative therapy treatments to staff and the people we support on a complementary basis.

Liz Keeble from Be holistic is qualified to deliver a range of holistic therapies and offers a choice of the following experiences: Aromatherapy massage, Deep tissue massage, Indian head massage, Reflexology of hands and feet, Gentle facial massage and Reiki.



**You can book a session at Thingwall Hall on the following dates:**

- 7th January • 4th February • 3rd March
- 21st April

**30 Minute slots will be available at the following times:**

- 10am • 11:20am • 1pm • 2:20pm
- 10:40am • 12pm • 1:40pm



**Please contact the HR Team at Thingwall Hall to book a session:**

☎ **Elle Maguire: 5411 or 0151 228 4429**

✉ **hrteamthingwall@brothersofcharity.org.uk**

