



Brothers of Charity Services
working in partnership for positive lives in England



Health BOCS
By The Brothers of Charity

Brothers of Charity Services in England

Be Holistic sessions at Thingwall Hall



As part of our continued HealthBOCS programmes into positive staff wellbeing initiatives we will be welcoming registered provider 'Be Holistic' to deliver a variety of alternative therapy treatments to staff and the people we support on a complementary basis.

Liz Keeble from Be holistic is qualified to deliver a range of holistic therapies and will be offering staff a choice of the following experiences: Aromatherapy massage, Deep tissue massage, Indian head massage, Reflexology of hands and feet, Gentle facial massage and Reiki.



You can book a session at Thingwall Hall on the following dates:

- 25th September
- 9th October
- 6th November
- 4th December

30 Minute slots will be available at the following times:

- 10am
- 11:20am
- 1pm
- 2:20pm
- 10:40am
- 12pm
- 1:40pm



Please contact the HR Team at Thingwall Hall to book a session:

☎ Elle Maguire: **5411 or 0151 228 4429**

✉ hrteamthingwall@brothersofcharity.org.uk

