



Brothers of Charity Services

working in partnership for positive lives in England



Health BOCS

By The Brothers of Charity

Brothers of Charity Services in England Holistic Therapy with Liz Keeble



As part of our ongoing HealthBOCS programme into positive staff wellbeing initiatives we continue to welcome registered provider Liz Keeble to deliver a variety of alternative therapy treatments to staff and the people we support on a complementary basis.



Liz Keeble is an in-house therapist at The Brothers of Charity Services who is qualified to deliver a range of holistic therapies and offers a choice of the following experiences: aromatherapy massage, deep tissue massage, reflexology of hands and feet, Reiki, and showing self care techniques using the Rainbow Relaxation Routine, essential oils and advice to help manage anxiety.



Sessions are taking place at Lisieux Hall and Thingwall Hall on Mondays and Wednesdays .

Please contact Liz Keeble to book your treatment or for further information:

- liz.keeble@caritase.org.uk



Time for you to relax and recharge

www.brothersofcharity.org.uk Charity no: 234252

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