

# VoiceBOCS

News and Views from the Brothers of Charity Services in Lancashire

Summer 2017 - Issue 94

## BOCS Heritage Day and Staff Awards



On Friday 30th June, The Brothers of Charity Services celebrated their annual Heritage Day and Staff Awards at Lisieux Hall in Chorley.

The theme of the day was bringing people together; inspired by a quote from Canon Peter Joseph Triest, founder of the Brothers of Charity - "The love of thy neighbour? It is the love that should unite you by the means of bonds so strong that despite different origins or talents, you become one of mind, heart and soul."

The final of the Health BOCS Football Tournament kicked off the event. The Thingwall Warriors, our Merseyside team, and Landbase FC, our Lancashire team, played each other for the BOCS Heritage Shield. The end score was 3 - 2 to Landbase FC, scoring a thrilling goal at the end of the match. OnCORE provided half time refreshments for the players.



While the football match was under way, the Heritage Day stalls outside were starting to get busy with customers. The social enterprises had a variety of activities and stalls for people to get involved with. Claire Whittle had a stall promoting Guide Dogs, a

charity which is close to her heart. There were also lots of fun games such as tombola, Hook a Duck, Bat the Rat, Hoops on Frogs. As well as the outside stalls, Roccoco Coffee Lounge was set up inside, serving a delicious selection of refreshments.

Health and Wellbeing was another theme of the day with a local gym, Active Nation, carrying out fitness tests and seeing who could cycle the furthest in a minute on an exercise bike. Charlotte's Tandems, a national charity, brought tandem bicycles to the event for people to try out.

Throughout the day we had the fabulous Tabu playing a range of popular music for everyone to dance and sing along to. DanceSyndrome also joined us with a fantastic and motivate dance session; inviting everybody to get up and dance with them.



Heritage Day was a superb event that brought clients, staff and the community from across the services together to learn about and celebrate the history of the Brothers of Charity.

The Staff Awards event followed on from the Heritage Day and took place in the Voice for All room.

Please turn over the page for lots of photos from the day!

### Inside this Issue



Health and Wellbeing Day 2017 - Page 3



Bake Off for Comic Relief - Page 4



Pastoral Group Update - Page 5



News from our Social Enterprises - Page 6



SelectionBOCS - Page 7

# Photographs from our Heritage Day!



# Health and Wellbeing Day 2017



On Friday 31st March, the Brothers of Charity Services held a Health and Wellbeing day at their Lisieux Hall site in Chorley, Lancashire.

A variety of health and wellbeing related activities and stalls, representing the local organisations were present at the event.

Exhibitors at the event included:

- Macmillan Cancer Support
- Medicash
- Lancashire Wellbeing Service
- Active Nation
- Claire and her guide dog with information from Guide Dogs
- Lancashire Fire and Rescue Service
- Voice for All
- The Walled Garden
- Pets Corner
- Roccoco
- Crafty Uniforms
- Brothers of Charity Services



## Red Nose Day Football Tournament

The second leg of the Red Nose Day 5-A-Side Football Tournament took place outside as part of the Health and Wellbeing Day. The teams included Heaton Street FC, Hands on Gardening North End, Red BOCS and Cop Lane United. They all played each other in very exciting games with RedBOCS and Heaton Street FC playing it out in an intense final. The final game finished with a penalty shootout, where RedBOCS took the win at sudden death!

Active Nation coaches, Daniel and AJ, helped out with the football tournament by playing in the matches. They also provided an inclusive Fitness Session in the afternoon where they demonstrated a variety of simple and effective exercises. Everyone who took part in the workout put a lot of effort in to it but also had lots of fun at the same time!

We've received plenty of positive feedback from our Health and Wellbeing Day, including:

"It was great to see people we had not seen for a while. We enjoyed making book marks with Crafty Uniforms, using different shapes to decorate them."

"Well organised day! Lovely to see everybody. Everyone enjoyed the football, stalls and the great curry from Roccoco."

"I enjoyed the football and holding the rabbits; it was a good day! We should have another Health and Wellbeing event in Lancashire."

We would like to give a huge thank you too all the social enterprises and local organisations who attended the event! Thank you to Active Nation for getting involved in the Football Tournament and providing an Inclusive Fitness session. Thank you to Sophie Cummings for organising such a fun day!



## Bake Off for Comic Relief

To celebrate and raise money for Red Nose Day, this year we held a Bake Off in the Voice for All Room at Lisieux Hall. We received some delicious entries for the competition from Jane Pilkington and from the team at Inprint, our retail social enterprise based in Chorley.

As both cakes were so tasty, the judges made Jane and the Inprint team joint winners. Once the judging had finished, the cakes were sliced up and sold. Everyone commented on how lovely the cakes looked and tasted. An impressive £66

was raised from the Bake Sale, which has been donated to Comic Relief.

As well as the cake sale we had red nose painting, which created a lot of laughter, and a mixture of our favourite songs playing in the background.

Thank you to everyone who took part and attended, with special thanks to Liz Beaver and John Whitehead for all of their support organising the event.



## Volunteer Walk for National Volunteer Week

Everyone was still cheerful at the end of the 5th National Volunteers Week Walk. Participants managed a wave to the camera, after a wet and windy walk through Cuerden Valley Park and up to the Mound for the traditional photo. As with previous years, the group were led by Michael Swarbrick from the Barn on Berkeley Drive to Lisieux Hall. Here's thanks to the hospitality of the Brothers of Charity Services as the walkers were able to enjoy their picnic in the dry of the chapel.

After lunch, Becky Gammon and Liz McClennan from the BOCS' Voice for All self-advocacy group gave a presentation about their achievements since the visit last year. This was very much appreciated by the walkers. "It is inspiring to

listen to Becky about the hard work Voice for All do for their members," said Don Beal of Lancashire Dotcom Walkers, who supervised the road crossings. Once the presentation had finished the participants proceeded to the top of the Mound on the edge of Buckshaw village for their photograph.

"In all the previous years we have done the walk, we have had bright sunshine for the photo," said organiser Bob Clare, "The lesson learned is you can never rely on English weather; even in June".

The 6th National Volunteer Week Walk will take place on Tuesday 5th June 2018.



# Pastoral Group Update - Retreat at Whalley Abbey

On Saturday 1st July members of our Pastoral Group went on a Retreat to Whalley Abbey.

The theme was "It's good to be good".

Initially we had circle time discussing the subject using various examples in a fun way. Then the group was asked to rate their own goodness on a scale of 1 to 10, some were very good, giving themselves 12 out of 10! The range of scores indicated that we all could improve our "Goodness" so we then discussed ways in which we could do this.

This discussion continued until lunch time when we had a delicious meal with a selection of main courses and sweets. After the meal many of the group decided to have a walk around the grounds of the Abbey as it was such a beautiful day.

Before resuming our retreat we sang Happy Birthday to Sonya as her birthday was due a few days later.

The afternoon session began with Tony McDonald giving us a Godly Play story of "The Good Samaritan". This was a very quiet and

moving time, giving us all something to think about and to consider which of the characters in the story were good and which were bad.

After a short break we had a period best described as "Make A Happy Noise". Andrew had brought a number of instruments and we banged and rattled to our heart's content; I hope no musicians were listening!!

The Retreat ended with a few prayers in the Chapel, before we all made our way home tired but spiritually renewed.



# LGBT Free Event - 16th August at Lisieux Hall

Everyone is welcome to join us for our LGBT Event in the Voice for All Room at Lisieux Hall.

The afternoon event is an opportunity for us all to come together to meet, chat, have a brew, make friends, get support, information and advice and most importantly, celebrate our diversity, sexuality, individuality and TOGETHERNESS!

For more information, please contact:-

John Whitehead: ☎ - 01257 248 851,  
✉ - J.Whitehead@brothersofcharity.org.uk.

Lucy Hamlin: ☎ - 07762 964728,  
✉ - LHamlin@ormerodtrust.org.uk.



## LGBT Event

for people with a learning disability

Meet New People  
Have Fun  
Refreshments Available

Find Support  
Find Out What's On

# FREE EVENT



Wednesday 16th August  
2pm - 4pm

In the Voice for All room at Lisieux Hall,  
Dawson Lane, Whittle le Woods, Chorley PR6 7DX

## News from our Social Enterprises

### The Roccoco Team's Fantastic Wedding Buffet

The team at Roccoco did an amazing job providing a High Tea Buffet for a wedding at the Royal Umpire in Croston.

Everyone worked extremely hard to produce the high standards that are required for a wedding, but they also had a great time working together to meet the deadline!

The buffet included a mixture of delicious cakes and tart-lets for 60 guests. In the photos you can see the hard work and dedication our team put in to make sure all food was to a high standard. You can also see the desserts set out on cake stands ready to be served.



### Hands on Gardening - Installing New Fencing

The Hands on Gardening team have been working together on a fencing job in Burscough. The newly installed fence panels have created a safe place for the customer's grandchildren to play in and to enjoy her wonderful garden! Lewis has been working hard on putting up a solid gate to help keep the area secure.



### Pets Corner's Refurbished Rabbit Pens

Pets Corner teamed up with the Heaton Street Gardening team to refurbish their outdoor rabbit pens.

They started working on the refurbishment in January; fitting new fencing, adding gates to access each pen and laying down new turf to the area. The outdoor pens were completed in May; just in time for the rabbits to enjoy some glorious sunny weather.

The pictures below show the hard work

that was put in to the project to create such a fabulous result!

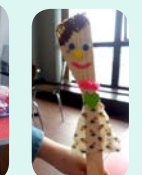
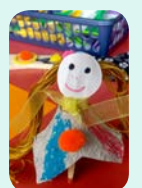


### Crafty Uniforms' Free Craft Session

Crafty Uniforms held a free craft session at Café Connect in the Living Waters Church on Friday 2nd June.

James and Tina, two team members from the social enterprise, helped groups of children make dolls out of wooden pegs and spoons. They had a selection of other crafty materials for the children to get creative with. How adorable are some of the finished creations!

Crafty Uniform's next free craft session will be at Buttermere Community Centre in Chorley on the 8th August, from 10:30am to 11:30am. Follow them on Facebook to keep up to date with their events and news: [Facebook/CraftyUniforms](https://www.facebook.com/CraftyUniforms).



# The Walled Garden's Busy Summer

Our team members at The Walled Garden have been very busy maintaining the gardens and harvesting produce over the last month.

Michael and Joseph are working hard at maintaining the garden to keep it looking its best!



Craig and Joseph were busy harvesting shallots, as you can see we have lots of them!



Anthony has been working on a project growing beetroot from seed in the raised beds. His hard work has definitely paid off!



## SelectionBOCS Update

### Mondays

Phil has recently joined Pete and they have been focusing on learning video production by working on an idea that Phil came up with; 'What if Scotland voted yes in the 2014 referendum?'. He has scripted the story and is using media sourced from the internet to make a fictional story about this alternate reality.

### Tuesdays

The Tuesday group have recently completed a radio show called the ChatterBOCS Comedy Gala. This involved compiling novelty records through the decades and recording links for the show to tie them all together. While we were putting this project together, we visited Blackpool and Lee recorded a short report about the day out which is included in the show. At the moment we are working on a new show with the theme 'Summer Jams'. We will be looking at music that's popular during the summer months and it will give us an excuse to go out and enjoy the sun.



the process. The last show we put out was a visit to Static Records in Wigan where we asked Paul Doleman all about Vinyl records. We've also had a wander around Rivington and had a visit to Lancaster Castle where we collected some footage that will be used in our next production.



### Fridays

Friday's group focuses on soft skills and social interaction. We have a good routine of having a healthy walk into town and recording short themed radio shows. Our recent shows have been about 'Help and Hope' and 'Happyness'. As well as this, we have recently recorded a special Father's Day show, where we asked people to introduce a song for their Dads and we made a CD for them to take home. We also went to the BOCS Heritage Day with our field recorder to ask people lots of interview questions about their day out.

### Wednesdays

I support a guy called Charlie one-to-one on Wednesday's. He's preparing to leave school and to start college in September. I have been helping him out by promoting independence and developing a set of communication cards with him.



### Thursdays

Thursday's group is very active. We usually carry out interviews with people and make sure the group members are involved with every step of



# Volunteer's Afternoon Tea at Roccoco

Liz Beaver, Volunteers Co-Ordinator at the Brothers of Charity Services in Lancashire organised a thank you event for the volunteers that support the Lancashire Services.

The afternoon tea was held at Roccoco Coffee Lounge on Friday 14th July 2017. Keiran and the team at Roccoco made some wonderful cakes and helped out on the day by arranging the cakes on stands and helping to decorate the venue with bunting made by Crafty Uniforms.



From being part of the social enterprise's teams to supporting people to create works of art, attending football matches and enabling people to take up and enjoy hobbies, the volunteers provide invaluable support to the Brothers of Charity Services in Lancashire and the people they support.

Julie Khan, HR Business Partner came along to thank volunteers personally and to let them know the latest news from Brothers of Charity Services. Volunteers who have been with the service for over a year were also awarded a voucher as a thank you for their hard work. Liz arranged a raffle and a word connecting quiz which got quite competitive.

Everyone enjoyed the evening, commenting they

enjoy meeting up with other volunteers and to feel 'part of the team'.

Many thanks to volunteers who provide such a valuable service!

If you are or you know of someone who is interested in volunteering, please contact Liz Beaver. A meeting can be arranged for a chat and to have a look round the services.



## Closing Date for the Autumn/Winter edition of VoiceBOCS

The closing date for submission of articles for the next edition of VoiceBOCS is **Friday 27th October 2017**. Are you going holiday, having a day out, celebrating a birthday or would like to tell us about a hobby? Let us know about it!

**Please email your articles and photographs to [marketing@brothersofcharity.org.uk](mailto:marketing@brothersofcharity.org.uk).**

### VoiceBOCS Information

VoiceBOCS is available to download on our website: [www.brothersofcharity.org.uk](http://www.brothersofcharity.org.uk). You can have your own personal copy emailed to you by supplying your e-mail address to [info@brothersofcharity.org.uk](mailto:info@brothersofcharity.org.uk). If you would like to arrange a copy to be sent out by post contact Lisieux Hall Reception on 01257 266 311.