



Brothers of Charity Services
working in partnership for positive lives in England



Health BOCS
By The Brothers of Charity

Brothers of Charity Services in England

Be Holistic sessions at Lisieux Hall



As part of our ongoing HealthBOCS programmes into positive staff wellbeing initiatives in 2020 we continue to welcome registered provider 'Be Holistic' to deliver a variety of alternative therapy treatments to staff and the people we support on a complementary basis.



Liz Keeble from Be holistic is qualified to deliver a range of holistic therapies and offers a choice of the following experiences: Aromatherapy massage, Deep tissue massage, Indian head massage, Reflexology of hands and feet, Gentle facial massage and Reiki.



You can book a session at Lisieux Hall on the following dates:

- 21st January • 11th February • 17th March
- 28th April

30 Minute slots will be available at the following times:

- 10am • 11:20am • 1pm • 2:20pm
- 10:40am • 12pm • 1:40pm

Please contact the HR Team at Lisieux Hall to book a session:

☎ Elle Maguire: 5411 or 01257 266 311

✉ hr@brothersofcharity.org.uk

